

North Pittsburgh Catholic Ironmen AND St Kilian's to offer **FREE Baseline Concussion Testing**

NPC Ironmen Football is pleased to announce that we have arranged Neurocognitive Baseline Testing with UPMC and the Heads Up Pittsburgh Program at the UPMC Lemieux Sports Complex in Cranberry. We hope that you will take this opportunity to have your child baseline tested.



What is Neurocognitive Baseline Concussion Testing?

- The ImPACT® neurocognitive baseline test is a computer-based test that establishes a benchmark score when an athlete is in his or her non-concussed or "normal" state.
- The program known as ImPACT® (Immediate Post-Concussion Assessment and Cognitive Testing), checks neurocognitive function through working memory, visual memory, verbal memory, attention, reaction time, mental speed and processing speed.
- The ImPACT® neurocognitive baseline test ***DOES NOT*** evaluate the athlete for a concussion, identify past concussion(s), prevent future concussions or determine if the athlete is predisposed to a concussion.
- The results of the ImPACT® neurocognitive baseline test become part of a comprehensive clinical evaluation to determine the severity and the required medical treatment for the student athlete, should a concussion occur.

Who is eligible to participate? What is the cost?

- Athletes between the ages of 7 to 14 are **FREE**.
- Various dates are available through the website both to both public and private sessions.
- The participant must not have had a concussion or concussion like symptoms in the last 30 days.
- There is **NO COST TO PARTICIPATE**

What can I expect on the day of testing?

- Arrive approximately 10-15 minutes before your appointment time.
- Signs will guide you to your check in location
- The program takes 1 hour which includes a 15-minute education on sports injuries and concussions. The testing takes 25-30 minutes.
- Licensed Athletic Trainers from UPMC Sports Medicine will supervise the program and test.

How / where do I register?

- To register for the FREE neurocognitive baseline test [**\(CLICK HERE\)**](#).
- The website is for North Pittsburgh Catholic Ironmen. ***REGISTRATION IS LIMITED SO REGISTER EARLY.***

For additional questions, please call Joseph McShane at 412-432-3635



UPMC
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