

NPC Ironmen and St. Kilian's to Offer FREE Neurocognitive Baseline Concussion Testing

NPC Ironmen and St. Kilian's are pleased to announce that we have arranged Neurocognitive (Concussion) Baseline Testing for ages 10 and up with UPMC Sports Medicine Program at the UPMC Lemieux Sports Complex on Monday, July 31st and Tuesday, August 1st, 2017. We hope that you will take this opportunity receive a baseline concussion test.

What is Neurocognitive Baseline Concussion Testing?

- The ImPACT® neurocognitive baseline test is a computer-based test that establishes a benchmark score when an athlete is in his or her non-concussed or "normal" state.
- The program known as ImPACT® (Immediate Post-Concussion Assessment and Cognitive Testing), checks neurocognitive function through working memory, visual memory, verbal memory, attention, reaction time, mental speed and processing speed.
- The ImPACT® neurocognitive baseline test ***DOES NOT*** evaluate the athlete for a concussion, identify past concussion(s), prevent future concussions or determine if the athlete is predisposed to a concussion.
- The results of the ImPACT® neurocognitive baseline test become part of a comprehensive clinical evaluation to determine the severity and the required medical treatment for the student athlete, should a concussion occur.
- ImPACT® is the ***first and only*** concussion-specific medical device to be approved by the FDA.



Who is eligible to participate? What is the cost?

- NPC Ironmen and St. Kilian's Athletes aged 10 and up may register using the links below. Testing is ***FREE*** for all registrants aged 10 and older.
- The participant must not have sustained a concussion in the last 30 days and be symptom-free during testing.
- Online registration is REQUIRED for Testing (see below) and the participants must be aged 10 or older on the date of testing. No Exceptions.

What can I expect on the day of testing?

- Arrive 10-15 minutes before your appointment; Black and Gold signs will guide you to the 2nd floor classroom.
- A powerpoint presentation video will be shown at the testing reminder explaining procedures for testing in addition to outlining athletic injury prevention and management strategies and concussion education.
- The program takes approximately 1 hour to complete testing including an education session.
- Licensed Athletic Trainers from UPMC Sports Medicine will supervise the program and test.

Please click a session link below and enter "***NPC2017***" as the Registration Code:

Monday, July 31, 2017

[6:00pm Session](#)

[7:00pm Session](#)

[8:00pm Session](#)

Tuesday, August 1, 2017

[6:00pm Session](#)

[7:00pm Session](#)

[8:00pm Session](#)

For additional questions, please contact Joseph McShane or Casey Boggs at 855-93-SPORT (77678) or via email at concussionbaseline@upmc.edu.

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